

Referanseliste:

Artrose:

Bjordal JM, Johnson MI, Lopes-Martins RA, Bogen B, Chow R, Ljunggren AE., Short-term efficacy of physical interventions in osteoarthritic knee pain. A systematic review and meta-analysis of randomised placebo-controlled trials. BMC Musculoskelet Disord. 2007 Jun 22;8:51. PMID: 17587446

<https://www.ncbi.nlm.nih.gov/pubmed/17587446>

Phys Ther. 2004;84:1016-1043. Evidence-Based Clinical Practice Guidelines for Electrotherapy and Thermotherapy Interventions in the Mgmt of RA in Adults.

<https://www.ncbi.nlm.nih.gov/pubmed/15509188>

Rheumatology 2011;50:1879_1888. Quality appraisal of clinical practice guidelines on the use of physiotherapy in rheumatoid arthritis: a systematic review.

<https://academic.oup.com/rheumatology/article/50/10/1879/1789819>

Chen J, Huang Z, Kraus VB, Ma J., The effectiveness of low-level laser therapy for nonspecific chronic low back pain: A systematic review and meta-analysis. Arthritis Research and Therapy. 2015 Dec 17:360. DOI: 10.1186/s13075-015-0882-0.

https://www.researchgate.net/publication/287157789_The_effectiveness_of_low-level_laser_therapy_for_nonspecific_chronic_low_back_pain_A_systematic_review_and_meta-analysis

Nakkesmerter:

Bjordal JM, Chow RT, Johnson MI, Lopes-Martins RA., Efficacy of low-level laser therapy in the management of neck pain: a systematic review and meta-analysis of randomised placebo or active-treatment controlled trials. Lancet. 2009 Dec 5;374(9705):1897-908. DOI: 10.1016/S0140-6736(09)61522-1.

<https://www.ncbi.nlm.nih.gov/pubmed/19913903>

<https://nhi.no/sykdommer/muskelskjelett/rygg-nakke-bryst/laser-mot-nakkesmerter/>

Skuldersmerter:

Haslerud SI., Low-level laser therapy and cryotherapy in tendinopathy treatment. Clinical, biological, and biophysical effects of low-level laser therapy alone and in combination with cryotherapy. Doctoral thesis, University of Bergen.

<http://bora.uib.no/handle/1956/17899>

<http://fysioterapeuten.no/Aktuelt/Nyheter/Ny-doktorgrad-om-behandling-med-laser-og-is>

Ryggsmerter:

Chen J, Huang Z, Kraus VB, Ma J., The effectiveness of low-level laser therapy for nonspecific chronic low back pain: A systematic review and meta-analysis. Arthritis Research and Therapy. 2015 Dec 17:360. DOI: 10.1186/s13075-015-0882-0.

https://www.researchgate.net/publication/287157789_The_effectiveness_of_low-level_laser_therapy_for_nonspecific_chronic_low_back_pain_A_systematic_review_and_meta-analysis

Knesmerter:

Bjordal JM, Johnson MI, Lopes-Martins RA, Bogen B, Chow R, Ljunggren AE., Short-term efficacy of physical interventions in osteoarthritic knee pain. A systematic review and meta-analysis of randomised placebo-controlled trials. BMC Musculoskelet Disord. 2007 Jun 22;8:51. PMID: 17587446

<https://www.ncbi.nlm.nih.gov/pubmed/17587446>

Alfredo PP, Bjordal JM, Junior WS, Lopes-Martins RAB, Stausholm MB, Casarotta RA, Marques AP, Joensen J., Long-term results of a randomized, controlled, double-blind study of low-level laser therapy before exercises in knee osteoarthritis: laser and exercises in knee arthritis. Clin Rehabil. 2018 Feb;32(2):173-178. DOI: 10.1177/0269215517723162.

<https://www.ncbi.nlm.nih.gov/pubmed/28776408>

Youssef EF, Muaidi QI, Shanb AA., Effect of Laser Therapy on Chronic Osteoarthritis of the Knee in Older Subjects. J Lasers Med Sci. 2016 Spring;7(2):112-119. DOI: 10.15171/jlms.2016.19.

<http://journals.sbmu.ac.ir/jlms/article/view/8868>

Tendinopatier:

Bjordal JM, Couppe C., Low level laser therapy can be effective for Tendinitis: A meta-analysis. Chiropractic Economics. 2011 June.

<https://www.chiroeco.com/low-level-laser-therapy-can-be-effective-for-tendinitis-a-meta-analysis/>

Haslerud SI., Low-level laser therapy and cryotherapy in tendinopathy treatment. Clinical, biological, and biophysical effects of low-level laser therapy alone and in combination with cryotherapy. Doctoral thesis, University of Bergen.

<http://bora.uib.no/handle/1956/17899>

<http://fysioterapeuten.no/Aktuelt/Nyheter/Ny-doktorgrad-om-behandling-med-laser-og-is>

Smertelindring/vevsreparasjon:

Clijisen R, Brunner A, Barbero M, Clarys P, Taeymans J., Effects of low-level laser therapy on pain in patients with musculoskeletal disorders: a systematic review and meta-analysis. Eur J Phys Rehabil Med. 2017 Aug;53(4):603-610. DOI: 10.23736/S1973-9087.17.04432-X.

<https://www.ncbi.nlm.nih.gov/pubmed/28145397>

Enwemeka CS, Parker JC, Dowdy DS, Harkness EE, Sanford LE, Woodruff LD., The efficacy of low-power lasers in tissue repair and pain control: a meta-analysis study. Photomed Laser Surg. 2004 Aug;22(4):323-9.

<https://www.ncbi.nlm.nih.gov/pubmed/15345176?dopt=Abstract>